

營養師 Dietitians



認可醫療專業註冊計劃

為現時毋須進行法定註冊的合資格醫療專業團體提供認證，以確保專業團體的管治水平及醫療人員的專業水平，並為市民提供更多資訊，協助他們在選擇醫療服務提供者時作出決定。

在「一個專業、一個專業團體、一份名冊」的原則下，香港認可營養師學院獲衛生署授權為認可醫療專業團體，負責管理營養師名冊。

香港認可營養師學院獲准於其網頁及簽發予會員的註冊證明書上使用「認可標誌」。其會員亦可在名片上使用「認可名冊營養師」的名銜，讓公眾容易識別。

留意「認可標誌」
智選醫療服務提供者



認可醫療專業名冊

www.ars.gov.hk

The Accredited Registers Scheme for Healthcare Professions (AR Scheme)

accredits eligible professional organisations of healthcare professions currently not subject to statutory registration with a view to ensuring the governance of the professional bodies, professional competency of healthcare personnel, and providing more information for the public to make informed decisions when choosing healthcare service providers.

Under the principle of "One Profession, One Professional Body, One Register", the Hong Kong Academy of Accredited Dietitians (HKAAD) has been authorised by the Department of Health as the accredited healthcare professional body responsible for administering the register of dietitians.

The HKAAD is permitted to use the Accreditation Mark on its website and Certificates of Registration issued to its members. Members of the HKAAD can use the title "Dietitian in Accredited Register" on their name cards for easy identification by the public.

Choosing healthcare service
providers wisely with the
"Accreditation Mark"



認可醫療專業註冊計劃
Accredited Registers Scheme for Healthcare Professions

www.ars.gov.hk



香港認可營養師學院
Hong Kong Academy of Accredited Dietitians

www.hkaad.hk admin@hkaad.hk



營養師 Dietitians

營養師已接受臨床營養學訓練，可為健康及慢性病患者提供個人營養飲食治療，包括營養狀況評估、設計個人化飲食計劃、提供營養諮詢，及為不能透過飲食滿足所需營養或身體有額外營養需求的人士建議使用營養補充品等。

營養師可在不同的領域服務，當中包括醫療服務、健康與保健、社區健康及公共衛生、企業和私人執業、商務及營養信息學、餐飲服務、學術研究，和運動營養。

Dietitians are clinically trained to provide individualised medical nutrition therapy to both the healthy people and those with chronic illnesses, which includes nutritional assessment, designing individualised meals plans, providing nutritional counselling and recommending nutritional supplements for those who are unable to meet their nutritional needs with diet and food or with increased nutritional needs, etc.

Dietitians may practise in diverse areas, including healthcare services, health and wellness, community and public health, entrepreneurial and private practice, business and nutrition informatics, catering service, academic and research, and sports nutrition.



Hong Kong Academy of
Accredited Dietitians
香港認可營養師學院

香港認可營養師學院

透過建立營養師執業的典範來
促進公眾的營養健康和 safety。

Hong Kong Academy of Accredited Dietitians (HKAAD) promotes nutritional health and safety of the public through excellence in dietetic practice.

香港認可營養師 學院的職責： The functions of HKAAD are:


管理本港認可營養師名冊
to manage the register of
accredited dietitians
in Hong Kong


促進及加強認可營養師
的專業水準及操守
to promote and reinforce
professional practice and
conduct among accredited
dietitians


保護公眾免受於專業失當，
提升公眾對營養師的信心
to protect the public from
malpractice and enhance their
confidence in dietitians


幫助公眾及僱主尋找
合資格的營養師服務
to facilitate the public and
employers to seek for services
from qualified accredited
dietitians


以合法程序處理查詢、
投訴及違反操守的個案
to handle enquiries, complaints
or violation of dietetic practice
legitimately


透過持續專業進修，確保
認可營養師的專業水平
to ensure the competence of
accredited dietitians by
continuing professional
development



✉ admin@hkaad.hk

📍 www.hkaad.hk

成為「認可名冊營養師」 Becoming "Dietitian in Accredited Register"

香港受訓：

- 持本地大學認可營養治療學碩士學位或深造文憑
- 課程須符合香港認可營養師學院制定的能力標準

海外受訓：

- 持大學認可營養治療學碩士學位、深造文憑或學士學位
- 課程須符合香港認可營養師學院制定的能力標準
- 於獲得資格的地區擁有當地營養師協會/註冊局當前有效的註冊/會員資格

Trained in Hong Kong:

- Hold a Master's degree or post-graduate diploma in recognised dietetic programme of a local university
- The recognised dietetic programme should meet the competency standards set by HKAAD

Trained outside Hong Kong:

- Hold a Master's degree or post-graduate diploma or a Bachelor's degree in recognised dietetic programme of a university
- The recognised dietetic programme should meet the competency standards set by HKAAD
- Hold a current registration/membership of the dietitian association/registration board in the country where they acquired the qualification